

# Twirling and Unitary Designs

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In these notes we work to understand the action of quantum twirling and its implementation which leads naturally into the development of unitary  $t$ -designs. Throughout we provide some of the mathematical detail needed to base our work on.

## 1 Preliminaries

It'll be helpful to have some concepts defined before we try and understand unitary designs in full.

**Definition 1.1.** Let  $P_1$  be the standard 1 qubit Pauli group generated by  $X, Y, Z$  as seen in Emerson [2021]. Define, in general, the ( $n$  qubit) **Pauli Group** to be the  $n$ -fold tensor product of  $P_1$  with itself. That is  $P_n = P_1^{\otimes n}$ . This naturally forms a group under matrix multiplication and can be shown to be generated by  $X_i$  and  $Z_i$  (where  $i$  ranges to  $n$ ).

**Definition 1.2.** The **Clifford group** is the set of unitary matrices<sup>1</sup> that leave the Pauli group unchanged upon conjugation:

$$C_n := \left\{ U \in U(2^n) : UP_nU^\dagger = P_n \right\}. \quad (1)$$

Again, this naturally forms a group under matrix multiplication.

## 2 Twirling

Let  $\mathcal{H}_A$  and  $\mathcal{H}_B$  be Hilbert spaces, and denote by  $L(\mathcal{H})$  by the set of linear operators on  $\mathcal{H}$ . Given a quantum channel  $\Lambda : L(\mathcal{H}_A) \rightarrow L(\mathcal{H}_B)$ , then we can define twirling  $\Lambda$  with respect to the unitary group as

$$\mathcal{T}[\Lambda](\rho) := \int_{U(n)} U^\dagger \Lambda(U\rho U^\dagger) U d\eta(U) \quad (2)$$

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<sup>1</sup>Equipped with the group operation of matrix multiplication

where  $\eta$  is the unique unitary invariant measure on  $U(n)$  called the Haar measure. In fact a Haar measure can be constructed on any locally compact topological group, but we will not go further than the unitary group here. To better understand this integral we will have a quick aside on what the Haar measure is, and why it's necessary.

## 2.1 The Haar Measure

The set of all ideal operations that one can perform on  $n$  qubits—also known as the Unitary group  $U(n)$ —has some very nice properties that allow us to define integration on this space. In particular the group is *compact* which can be seen from the fact that  $UU^\dagger = \mathbb{1}$  for all  $U \in U(n)$  and hence the column vectors  $U = \begin{bmatrix} u_1 & \cdots & u_n \end{bmatrix}$  are orthonormal for all  $U$ . Thus each  $U$  is characterized by  $n$  points on the surface of a hypersphere. This implies, when embedded into  $\mathbb{R}^{2n^2}$ ,  $U(n)$  is a space of finite volume, and by the usual Lebesgue integral in  $\mathbb{R}^N$ , we can integrate over  $U(n)$ . That said, this sense of measure inherited from  $\mathbb{R}^N$  is not invariant under the action of an element  $U \in U(n)$ . To make it invariant, we use something similar to “Weyl’s Unitary Trick” to average measure over the action of each element in  $U(n)$ . One can then show this is first of all invariant under unitary action<sup>2</sup>, and is also the unique up to a complex number which explains why we say *the* Haar measure.

## 2.2 A simple example

Suppose we have a 2-level quantum system represented by  $\rho$ . We can then take the identity channel  $\hat{I}(\rho) = \mathbb{1}\rho\mathbb{1} = \rho$  and twirl it to see it’s effect. Here we denote superoperators with a hat  $\hat{U}$  and their action is defined as  $\hat{U}(\rho) = U\rho U^\dagger$ .

$$\mathcal{T}[\hat{I}](\rho) = \int_{U(2)} U^\dagger \hat{I}(U\rho U^\dagger) U d\eta(U) = \int_{U(2)} \rho d\eta(U) = \rho = \hat{I}(\rho) \quad (3)$$

## 2.3 Implementing Twirls

As we’ve seen twirling quantum channels can yield lots of useful information about a channel and it’s properties, but the question of implementing such a thing remains. As modern quantum computers stand, doing an arbitrary unitary  $U \in U(n)$  is nearly impossible to do efficiently. In Emerson et al. [2003] the authors find an algorithm to implement a random unitary gate using  $\mathcal{O}(n^2 2^{2n})$  single and double qubit gates. Not only is this exponential, but if we had to do this for all unitaries (or even an  $\epsilon$ -net for that matter) we would need significantly more compute power than we have now. This leads naturally to the question: can we find a finite set of unitaries that “represent” or “simulate” the entire unitary group? If we could such a set that reproduced some of the statistical properties of  $U(n)$ , then we might have a way to physically realize a twirl. Luckily, mathematicians have been studying the objects we need for sometime, albeit in different contexts, in the form of designs.

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<sup>2</sup>By both multiplication from the left and right.

### 3 Designs

The original concept of a design came in the form of spherical  $t$ -designs introduced by [Delsarte et al. \[1977\]](#). In particular the authors were interested in real polynomials whose average over a set of points in real Euclidean space was invariant under *all* orthogonal transformations. This notion was shown to be equivalent to sets of  $N$  points  $x_i \in \mathbb{R}^n$  such that for all real polynomials  $f$  of degree  $t$  we have

$$\int_{S^{n-1}} f(x) d\omega(x) = \frac{1}{N} \sum_{i=1}^n f(x_i) \quad (4)$$

where  $S^{n-1} \subset \mathbb{R}^n$  is the  $(n-1)$ -sphere, and  $d\omega$  is an appropriated normalized measure on  $S^{n-1}$ . In other words, we can find the average values of any polynomial on the sphere by looking at these particular  $n$  points.

In [Reyes et al. \[2004\]](#) the authors generalized this idea to polynomial functions operating on quantum states  $|\psi\rangle$  instead of points in Euclidean space. Again in [Dankert et al. \[2009\]](#), the idea is taken a step further to polynomial function of unitary operators  $U$ . In particular [Dankert et al. \[2009\]](#) gives the following definition.

**Definition 3.1.** A **unitary  $t$ -design** (of dimension  $n$ ) is a finite set  $\{U_i\}_{i=1}^k \subset U(n)$  such that for all polynomials  $f_{(t,t)}(U)$  of degree  $t$  in the matrix elements of  $U$ , and degree  $t$  in the complex conjugate of those matrix elements we have

$$\int_{U(n)} f_{(t,t)}(U) d\eta(U) = \frac{1}{k} \sum_{i=1}^k f_{(t,t)}(U_i). \quad (5)$$

Here  $\eta$  represents the unique unitary invariant measure called the Haar measure on  $U(n)$ .

A particularly interesting example is  $t = 2$ -designs where we have the following equivalent characterization due to [Gross et al. \[2007\]](#).

**Theorem 3.1.** A set  $\{U_i\}_{i=1}^k$  is a unitary 2-design if and only if for any quantum channel  $\Lambda$  we have

$$\frac{1}{k} \sum_{i=1}^k U_i^\dagger \Lambda(U_i \rho U_i^\dagger) U_i = \int_{U(n)} U^\dagger \Lambda(U \rho U^\dagger) U d\eta(U) \quad (6)$$

This result gives us a much more manageable way to implement a twirling operation since we no longer have to try to implement every possible unitary. The next natural question to ask then is do we know of any 2-designs? Thankfully [Zhu \[2015\]](#) showed that in fact the Clifford group defined in definition 1.2 is a 3-design. Well a 3-design is not a 2-design, but thankfully if we have a  $t$ -design we have *for free* an  $s$ -design for an  $s \leq t$  by the fact that a degree  $s$  polynomial can always be a degree  $t$  polynomial with 0 as coefficients for any degree  $n > s$ .

The Clifford group is an important group in quantum information theory not just because it normalizes the Pauli group, but as shown in [Gottesman \[1998\]](#), circuits using only the Clifford group can be efficiently simulated on a classical computer. Clifford circuits have also been shown to be in a much smaller computational complexity class ( $\oplus L$ ) than the full power of quantum

computers (BQP) [Aaronson and Gottesman \[2004\]](#).<sup>3</sup> These facts demonstrate that even though the Clifford group “represents” the entire unitary group in some statistical ways, it is not strong enough to do universal quantum computation.

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<sup>3</sup>Although, like many things in theoretical computer science, they have not been shown to be completely distinct classes, even though it is believed by many in the field.

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